



# NEW COMMUNITY CLARION

SERVING THE PEOPLE OF BABYLAND - St. ROSE OF LIMA & NEW COMMUNITY



VOL. 3 NO. 10
NEWARK, NEW JERSEY
DECEMBER, 1985

## Preparations Reach Final Stage At New Community Extended Care Facility



New medical staff members tour facility and meet with management team and Board.

The heat's on, the water's on and the administrative wing is almost finished. Telephones will soon be in and the first beds have already arrived. Major kitchen equipment is here and awaiting assembly as the final stage begins for completion of the long awaited New Community Extended Care Facility.

In a recent interview, Ms. Connie Ford, Executive Director, stressed the benefits of the "starter period," now underway. It has helped her to develop the "starter team," as she calls them, into just that — a team. They have come together often to talk about the philosophies and goals of this new endeavor, and are now integrating those goals into the day to day activities of the extended care facility in a way that will be most beneficial to residents and clients.

Of prime concern to us here at New Community is the dignity of people, and our choices of staff members in this new facility have been guided by

this concern. Jackie Rigan, R.N., is our Director of Nursing and was highly recommended to us by the State Department of Health. She will be striving to assure that quality patient care is delivered to all. To facilitate this, Ms. Rigan has devised a unique system of individual caregiver accountability on a daily basis.

Often, the decision to enter or to have a loved one enter an extended care facility is, at best difficult, and filled with anxiety. It is our hope that these concerns will be minimized at the New Community Extended Care Facility. Visiting hours will be liberal—from 8 a.m. to 8 p.m. and special arrangements can be made if those hours are not convenient.

To add a homey touch, residents will be encouraged to bring their own T.V., radio or favorite lounge chair, as well as pictures from home to hang on the wall in their room. The nursing

*Continued on Page 3*

## Kean Wins Central Ward

Kean won the Central Ward by 3420 to 3311 for Shapiro. The fact that a Republican took Newark is history enough but who would have thought Kean would carry the Central Ward. This, despite the fact that Shapiro took 20 of the voting districts and Kean took only 10 with the two tying in 2 districts.

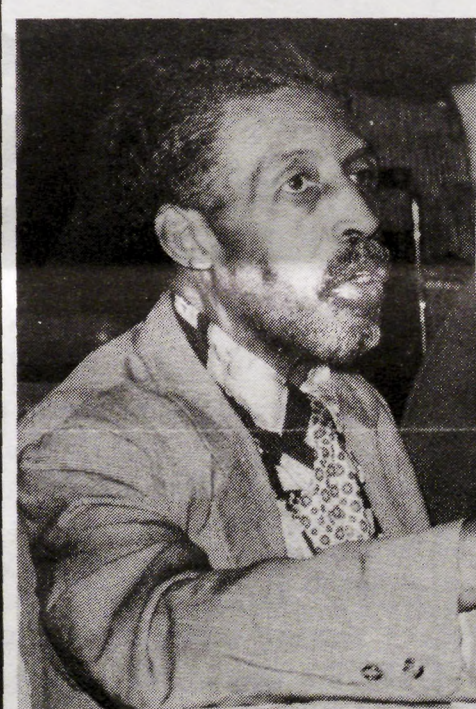
The largest percentage of votes for Kean in the Central Ward came in District 20 where Kean drew 69.1 percent of the vote. District 20 serves New Community Commons, N.C. Associates, N.C. Gardens, N.C. Homes and N.C. Manor.

The second largest percentage of votes for Kean in the Central Ward was in District 8 which serves New

Community's Douglass-Harrison Apartments where the vote was 62.7 percent for Kean.

Art Wilson, President of NCC, stated that "it is certainly a victory for an independent vote, since the Central Ward voter crossed party lines and voted for individual candidates." There was no one representing the Republican Committee for voting District 20 yet it produced the largest proportion of Kean votes. "The right candidate regardless of party can get the vote as long as he or she shows they care about the people," says Mary Smith, Treasurer of NCC. As one of the resident leaders stated, "those running for office must earn our vote."

## Feeding The Hungry



Seniors in the NC Nutrition Program held for the needy and handicapped at NC Associates (under the sponsorship of Essex County) enjoy a hearty Thanksgiving meal with all the trimmings. Altogether the fine staff of the Babyland kitchen prepared over seven hundred meals for Thanksgiving throughout the New Community Network.

## Clarion Circulation Up To 9,000



Word of the activities of New Community and its Network are reaching more people each month. Now that St. Joseph Plaza has opened we are hard pressed to keep the newspaper racks located just inside its doors filled as more and more people come to see Newark's elegant "Newest office building."

With the New Community Extended Care Facility in its final stages we expect more readers for the Clarion soon.

We thank you for all the positive comments heard and letters you have sent, and hope we will continue to keep you aware that *Good Things Are Happening In Newark!*



# Welcome To New Community

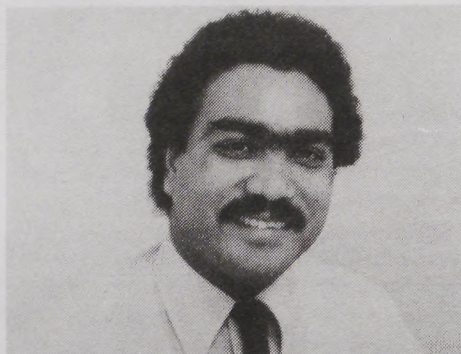
## Comptroller Joins NCC Finance Department

Taking on the position of Comptroller for New Community is Calixto Laboy. He is a lifelong resident of Newark and received his Bachelor of Science in Accounting from St. Peter's College in Jersey City.

From 1975 to the present he has been working in the accounting field for private CPA firms.

Calixto is bilingual with Spanish as his second language and this shall be an asset to NCC.

He is married and has three children. Sandro 14 is a student at Barringer High School while Jose-Enrique, 8, and Celestina, 6 are both



**Calixto Laboy**

students at St. Rose School.

His wife Paula is a student at Essex County College studying a computer program.

To relax Calixto enjoys all kinds of sporting events.

## Michael Delouise Becomes Director Of Construction

New Community is presently completing a modern extended care facility and has on its drawing board a neighborhood shopping center as well as affordable condominium housing. It has brought on board Michael J. Delouise as Director of Construction for NCC to help with these and future phases of its construction program.

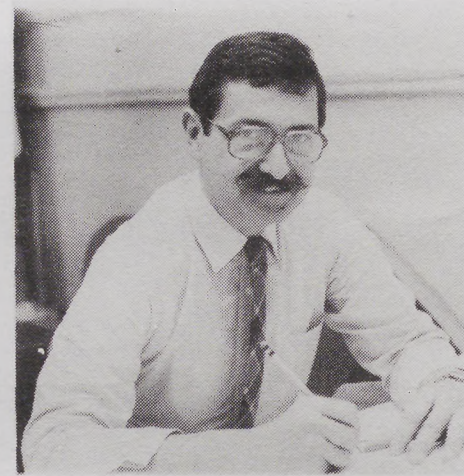
Mike feels that "one of the essential ingredients in community regeneration is the physical structure itself." Regardless of the project—housing, nursing home or day care center, he feels the buildings should reflect both the upward aspirations of the end users, and the degree to which inadequacies can be overcome. "Adequate solutions, by the construction sector require responsive involvement in all technical phases of redevelopment: program planning, design, estimating and construction management." As Director of Construction it is his responsibility to further NCC's goals in all these areas.

Delouise has spent the last twenty-six years as a professional in design, administration and construction both as project engineer with a private firm and as Assistant Director of Technical Services for the New Jersey Housing Finance Agency, during the development of almost one billion dollars in multi-family housing. His experiences with Pike Construction Company, as chief estimator in their management department coordinating office and field related activities honed his skills further.

He feels the future will be interesting as NCC moves from its emphasis on multi-family housing to neighborhood shopping, commercial sites and affordable housing. He is certain that the problems encountered, although diverse, will be similar to others he has addressed, and that NCC has the expertise to

avoid or overcome them.

Mr. Delouise expressed gratification for having played a small part "as an outsider" in helping NCC in its accomplishments over the last 15 years and "looks forward to the opportunity to play a more direct and active role in this shaping of Newark's future." He feels also that the years ahead will brighten for Newark, and that "the pressure of the supply crisis in housing will compel a resurgence



**Michael J. Delouise**

of all types of living units in the City. Its location in the Greater New York Area and access to transportation links, will eventually lead to an increase in commerce and industry, expanding job opportunities in town. New Community's programs will play a key role in the realization of this potential," he concluded.

Mike has a Bachelor degree in Civil Engineering from Manhattan College and is a licensed professional Engineering from Manhattan College.

His is married and has three teenage children. His hobbies include sailing, ship modeling and aviation history.

## New Data Entry And Computer Operator



**Kathleen Anderson**

Joining systems analyst James Rohrman in his Computer Department is Kathleen Anderson who will assist in the area of Data Entry and Computer Operation.

Kathleen is a native New Yorker who moved to New Jersey a little over 3 years ago. She was an award winning honor student in high school in Brooklyn and received her Data Entry training in business school. She later returned to school to acquire her certificate in Computer Operation. After 6 years in the computer field she enrolled in Hudson County Community College and received her A.A.S. degree in Data Processing. She was on the dean's list throughout college and received the Academic Excellence award upon graduating. Her goal is to soon return to college for her B.A.

Kathleen enjoys reading, listening to music, singing and bowling.

## New Secretary For Development Department

Linda Walker joined the Development Department of NCC on September 23, 1985 as a Secretary after being employed by Touche Ross & Co. for 10 years. Linda was born in Ohio in a small town called Massillon. She has resided in Newark for 12 years. Linda is married and the mother of one small daughter.

Although she has only been with NCC for a short while, Linda is enjoying her work and she is looking forward to a rewarding and worthwhile experience here at NCC.



**Linda Walker**

## THE NEW COMMUNITY CLARION

The N.C. Clarion is published the first week of each month as a community service. The Editor reserves the right to withhold articles and photographs once they are submitted. Opinions expressed in columns are those of the author and do not necessarily represent the views of the newspaper. Articles are appreciated by any and all concerned.

PUBLISHER: New Community Corporation  
EDITOR: Patricia A. Foley  
PHOTOGRAPHER: Eva Obermeyer  
Send to: The Clarion  
c/o New Community Corporation  
233 W. Market Street  
Newark, New Jersey 07103  
(201) 623-2800  
Circulation: 8,000 9,000

## The SANDWICH Shop

At St. Joseph Plaza  
233 W. Market Street  
Newark, New Jersey



## SUMPTUOUS SUNDAY BRUNCH 9 A.M. — 2 P.M.

Scrambled Eggs • Corned Beef Hash • Crabmeat Au Gratin  
Baked Ham w/Apple Sauce Glaze  
Beef and/or Pork Sausage • Bacon  
Southern Fried Chicken • Shrimp Creole • Pasta  
Hash Browns • Rice, Grits • French Toast • Toast  
Corn Muffins • Buttermilk Biscuits • Rolls  
Apricot Nut Bread • Carrot Bread • Fresh Fruit Bar  
Pink Champagne Punch • Coffee, Tea, Iced Tea, Milk  
Old Fashioned Lemonade • Orange Juice • Grapefruit Juice

## All You Can Eat!

Adults — \$5.95 • Children 12 & under — \$3.00

## The Priory Doing Well

### CATERING!

The catering facilities of The Priory at St. Joseph Plaza have been brimming with business meetings and fun seekers too. The Priory has been host to over 16 events in November ranging from conferences and board meetings, to birthday and retirement parties. We can accommodate from 10 to 200 or more with a wide variety of menu plans. You can enjoy a full scale sit down meal or a Get Together Cocktail Reception with hors d'oeuvres. Christmas party bookings are filling up with 10 bookings already for the week before Christmas. Any group planning to make reservations for a party would be wise to do so as soon as possible.

### ACTIVITIES!

The Priory has been stepping up its roster of evening events. We are now hosting Jazz on Thursdays from 4:00 p.m. to 11:00 p.m. Change of Pace, featuring piano and vocals on Friday nights from 4:00 p.m. to 11:00 p.m. and a New Oldies But Goodies Night on Saturdays from 6:00 p.m. till midnight. We hope you'll join us here!



# Preparations In Final Stage ...

Continued from Page 1

ing home will also have music available through a central system. It will have a designated telephone number for the social room on each floor enabling residents to receive calls from family or friends. For those who wish, independent arrangements can be made directly with the phone company for phones in individual rooms.

Nutrition for the elderly is important. Residents' likes and dislikes concerning food will be assessed upon admission and their nutritional needs monitored. *Special attention* will be paid to these likes and dislikes in order to promote nutritional well being. There will be a dining room on each floor to encourage residents to socialize, and get to know each other. Those with the same dietary needs will be seated together and served family style rather than from trays. Our food services will be in the enthusiastic hands of Rosetta Reed-Rembert who wants to take the in-



**Rosetta Reed-Rembert demonstrates one of the huge mixers.**

stitutionalization out of our food service and make it as homelike as possible. For example, there will be a range of times for meals. For those who would like to dine *with* residents there will be guest trays available at a nominal charge. A typical day's menu provided us by Ms. Reed-Rembert includes a breakfast of cranberry juice, scrambled eggs, home fried potatoes, toast and jelly,

oatmeal, assorted cold cereals and milk, coffee, tea, and Sanka. Lunch that day offers a salad bar, spaghetti with meat sauce and grated cheese, zucchini, Italian bread, assorted fruit and beverages. For dinner residents would enjoy cream of vegetable soup, baked fish, stewed tomatoes, corn, bread, cookies and a beverage. Alternates are always available. Whenever possible fresh foods will be served, and bakery products will be baked in our own kitchen.

Physical therapy equipment has arrived and physical therapy services will be available as prescribed by the attending physician. In all cases in order to promote continuity of care we are encouraging the residents' own physicians to apply for membership on our medical staff.

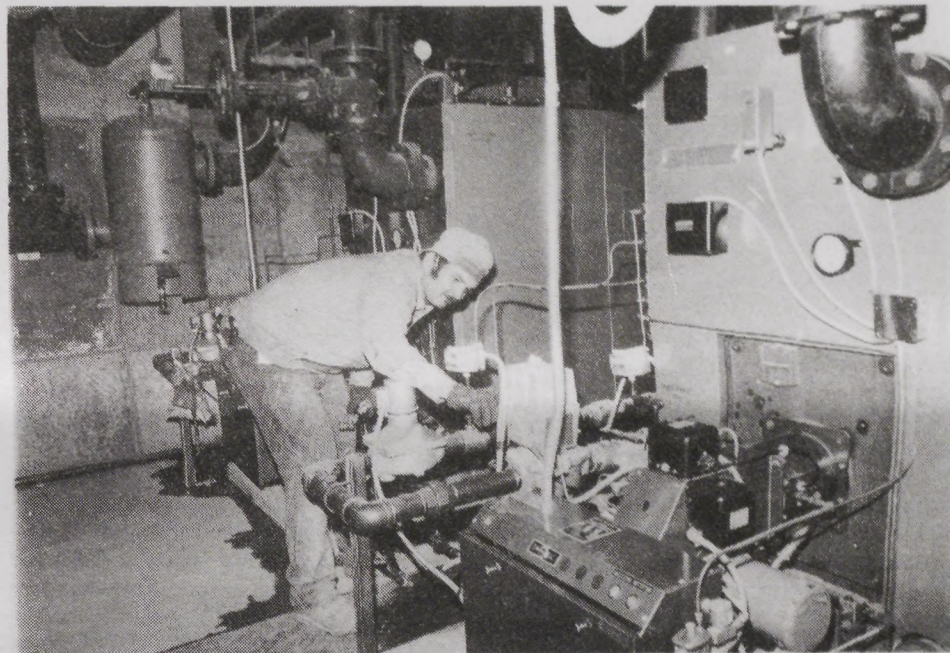
If this is not feasible we have selected four (4) physicians who will make up our own panel. Each has been carefully screened and has an active interest in the senior population and the provision of their medical services. In matters of administration, Dr. Paul A. Kearney, whose own career began in Family Practice, will serve as Medical Director.

## Medical Day Care Center

Doctor Tosca Kinchelow will have responsibility for our *Medical Day Care Center*. She has met with the local physicians to introduce the Center and its services. She and Dr. Kearney will work in a liaison relationship with other physicians to assist them in adding another dimension to the care they are able to prescribe for their patients.

As in the extended care facility, medical day care clients upon recommendation of their physician, have the opportunity for services of physical therapy, speech therapy and the many other types of treatment available at the facility to fill the special needs of the elderly. We want the elderly to remain as independent as possible. Through a combination of medical day care and evenings spent with families and significant others, a person is capable of maintaining independence for a longer period of time, while remaining in a familiar environment. They also continue to be valuable assets to the community in which they live.

For both the Medical Day Care Center and the Extended Care Facility,



**Ken Bulla gives the new furnace a thorough check.**

ty a screening/assessment process will occur prior to acceptance. Screening will be done by a team which will include a physician, a nurse, a social service worker and an administrative representative.

Applications are available through New Community Social Services. They must be completed by the applicant as well as the attending physician. Completed forms can be returned to N.C.C. Social Services at 220 Bruce Street, Newark, N.J. 07103.

We are thrilled to see the fulfill-

ment of the dreams of many in this community who have worked so hard from the facility's inception. We hope that the community will continue to participate in its life. Special events maybe scheduled for the auditorium, complete with stage. Volunteers have already responded for the Nursing Home's service group and we are relying upon their ongoing support.

The administrative offices will maintain an open door policy for all and we look forward to a fulfilling and continuing relationship with the community we serve.

## New Hope For The Homebound Elderly

Although an estimated 6.6 million Americans 65 years old and over need long-term care, only 1.4 million of these are in nursing homes. The remainder continue to live in the community, with families or significant others assisting them. A cry has gone out from agencies, families and the House Select Committee on Aging to relieve families of this increasingly difficult burden.

The New Community Extended Care Facility will begin to address this problem with 60 day care openings in its new Medical Adult Day Care Center. Medical Adult Day Care provides a responsible, answer to the problem while at the same time allowing loved ones to remain in a community setting.

Here are the specifics —

**Who Is Eligible?** — Essex County residents - 18 years and older

**What Does It Provide?** — The Medical Adult Day Care Center is designed to provide medically supervised health related services in an ambulatory setting to persons who do not require 24 hours inpatient institutional care, yet due to their physical impairment need health maintenance and restorative services.

The Program seeks to help persons live more independently at home through supportive services of our professional team.

Our professional team includes a Medical Director, Registered Nurse

and assistants, Recreational Therapist and assistants, a Social Worker and Coordinator of the Program.

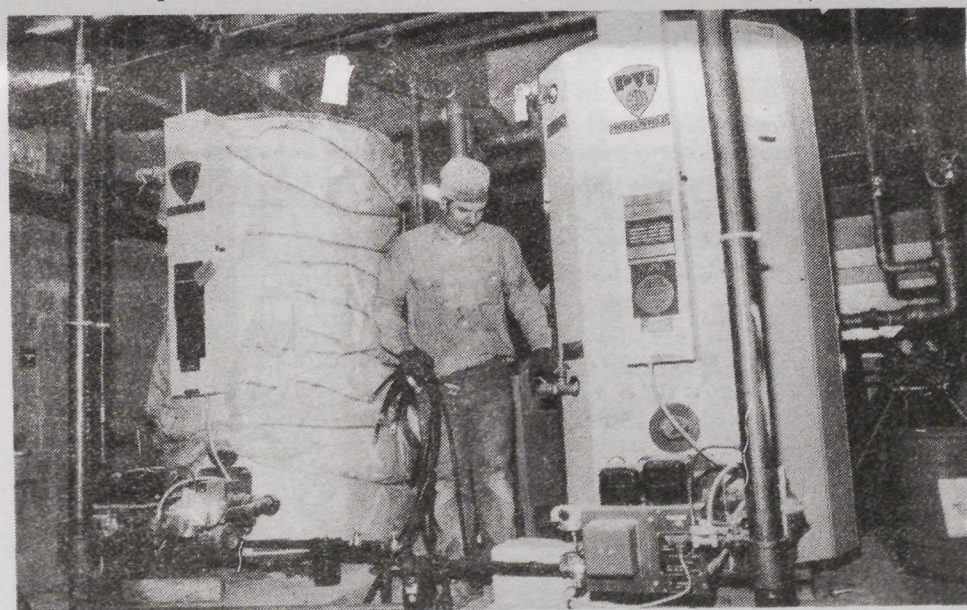
The participants will be provided with:

1. A hot luncheon containing at least one-third of the daily nutritive requirements.
2. Access to therapeutic services such as physical therapy, speech therapy, and recreational therapy.
3. Recreational and diversional activities such as arts and crafts, sculpture, painting and ceramics, music appreciation, movement therapy, discussion groups, bus trips, activities of daily living, and leisure time planning.
4. Individual and group counseling.
5. A daily monitoring of medical needs, and
6. Transportation to and from home.

**What Days Is It Open?** — Monday thru Friday - 8:30 a.m. to 4:30 p.m.

**Where Is The Center?** — At The New Community Extended Care Facility, 226 South Orange Avenue, Newark, New Jersey 07103.

**Whom Do I Call?** — Sister Patricia Lynch, CSJP, is Day Care Coordinator and is eager to hear from persons interested in this program as soon as possible. She must process the applications and get in touch with physicians to set the program in motion. Call her for information at (201)-624-2020.



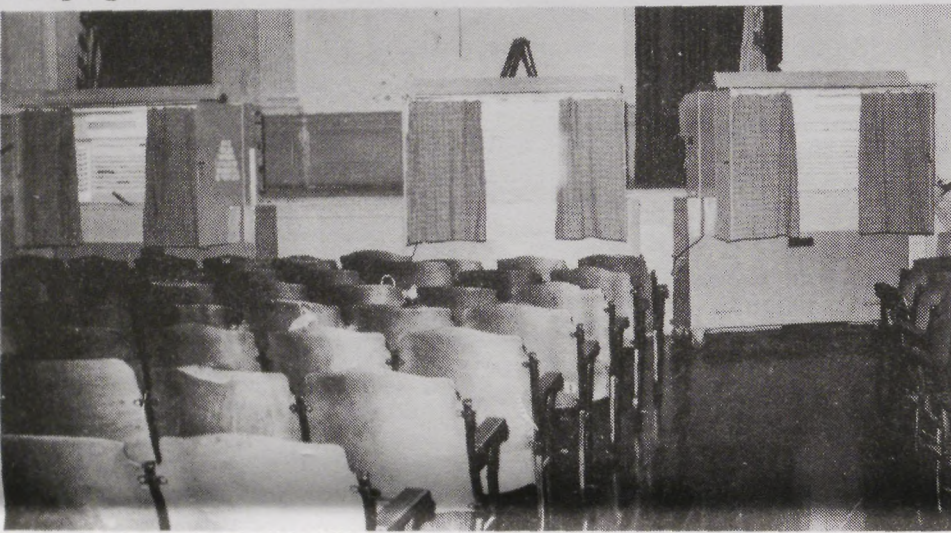
**Dwarfed by twin hot water heaters, plumber Ken Bulla makes a small adjustment.**



## Voter Response Heavy



As a result of the efforts of volunteers who went door to door, there was a 25% increase in those who voted over the last gubernatorial campaign.



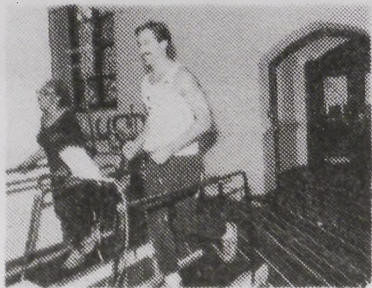
The Newton Street School polling site was equipped with 3 voting machines this year and a very efficient staff to accommodate this heavy voting district. A big thank you to the Department of Elections from the residents of New Community.

## FOCUS ON FITNESS

in a luxurious and convenient setting:

### NEW BEGINNINGS Spa and Wellness Center

UNIVERSAL,  
PARAMOUNT  
& NAUTILUS  
CIRCUIT  
WEIGHT  
TRAINING



- Individual Consultations
- Executive Programs
- Stress Management
- Nutrition and Weight Control
- Daily Aerobics Classes

All our Programs are COED.

Month of December  
FREE WITH THIS AD  
Call 624-7373

Whirlpool — Sauna — Massages Available

Located at the elegant St. Joseph Plaza  
233 West Market Street, Newark, N.J. 07103

We accept VISA and MasterCard.



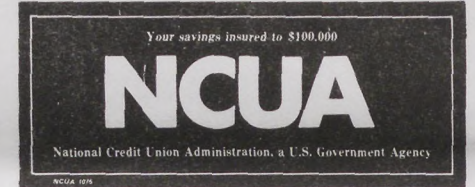
## Credit Union Update

Officials of the New Community Federal Credit Union (NCFCU) have initiated preliminary discussions with the New Jersey Housing and Mortgage Finance Agency (NJHMFA) concerning a proposal for NCFCU to become a participating lender in NJHMFA's Home Mortgage Program (HMP). NCFCU is pursuing the idea in conjunction with the CUNA Mortgage Corporation, a subsidiary of the Credit Union National Association (CUNA).

The "participating lender" designation would enable NCFCU to originate HMP mortgage loans in the

Newark metropolitan area. HMFA has recently experienced some difficulty in attracting HMP lenders within the City of Newark. NCFCU is offering its services in an attempt to fill that void.

NCFCU, NJHMFA and CUNA officials will meet in early December to discuss the proposal.



## Magazine Editor Visits NCFCU

On October 23, 1985, Mr. Mark Condon, Senior Editor and Marketing Director for Credit Union Magazine visited NCFCU to interview President Roberta Singletary and Vice President Ralph Simpson on the operations of our credit union. Credit Union Magazine is the Credit Union National Association's monthly flagship production. Founded in the early 1920's, it is the oldest credit union magazine in the country.

Mr. Condon's primary purpose in visiting NCFCU was to gain a clearer picture concerning the impetus for a community development

members by issuing \$57,578.00 in low interest loans. They also shared with him their conviction that as services and memberships increase, a significant amount of the credit union's resources would be recycled within the area to reinforce the revitalization within the surrounding community.

Mr. Condon was impressed with New Community Corporation's 15 year history of commitment to community development and agreed with Singletary and Simpson that NCFCU was a natural response to the financial needs of the community.

Mr. Condon is particularly in-



Examining some pertinent papers, Mark Condon (center) familiarizes himself with NCC's Credit Union operation with the help of (L-R) Ralph Simpson, Patrick Richards, Roberta Singletary, and Ann Vampere.

credit union here at New Community. President Singletary & Vice President Simpson readily explained that they felt a credit union of this sort would not only satisfy the financial needs of people within the area, but would also contribute towards community revitalization; something which other financial institutions in the area have tended to ignore. Furthermore, Singletary and Simpson updated Mr. Condon on the progress NCFCU has made in beginning to service the needs of its

terested in community development credit unions, since they practice, as he sees it, "the philosophical essence of a credit union." Credit unions were established to bring viable financial alternatives to individuals that were not able to gain meaningful assistance elsewhere. He finds community development credit unions quite dynamic.

Mr. Condon left confident of the future of the New Community Federal Credit Union, and with a promise to return.

## Volunteers Still Needed

In response to a call for volunteers to help with patient/client/visitor services at The New Community Extended Care Facility six (6) people offered their services and we are grateful to them.

It is a beginning, but a much larger group is needed for the 180 bed-60 client facility.

Perhaps some active or retired barbers could spare a day to shave male patients/clients who cannot manage by themselves. Or maybe a group of friends at church have been looking for some way to thank the

lord for their own blessings. Helping the elderly is a fine way to do just that.

If you would like to visit, I know you will be impressed. We are on the perimeter of the modern New Community housing area and just a short distance from the University of Medicine and Dentistry on South Orange Avenue.

We would be happy to give you a guided tour.

Please call Sister Patricia Lynch, CSJP, Day Care Coordinator at (201)-624-2020.



# The Community Food Bank

## A Story Of One Woman's War Against Hunger

The car ground to a halt in a log jam of tractor trailers, sanitation trucks and other traffic on Stockton Street, and cab doors opened as drivers assessed the problem. A huge trailer had separated from the tractor while maneuvering out of The Community Food Bank (CFB) and two fork lifts were dispatched to ease the trailer back on to its cab. Meanwhile, two police cars and Kathleen Di Chiara, Director of the Food Bank, did their best to clear the area as quickly as possible.

It was a typical beginning to a day, Kathy told me later, and she has

split off and became a private non-profit program serving the whole state. Having lived in Newark and been active in various programs, Kathy realized that there were many people who didn't have enough to eat. With the encouragement of her parish priest in Summit she expanded the holiday food giving program to a year round effort. Donations from local supermarkets etc. soon outgrew both her car and kitchen at which time she was given space on the fifth floor of the Mt. Carmel Guild.

When the time came to look for their own place, the CFB had a total

which had jumped off a truck, and was found wandering the streets. Within a two hour period, she and Sister Anastasia, who now works for NCC Social Services, arranged for a construction company to lift the bull onto its truck, a hunter at Kathy's husband's plant to slit the bull's throat, 8 men to hold it while it drained and a slaughterhouse in Warren, N.J. with a vet on staff to slaughter and dress the bull. With the help of neighbors, she then was able to deliver 1800 lbs. of ground beef to very happy senior citizens.

Although food is donated there is a handling charge of 10¢ a pound which provides 70% of CFB operating expenses. Bruce Springsteen helped raise \$25,000.00 with a concert recently to augment this. Any charitable group such as soup kitchens or emergency pantries for a population in need may apply for food; they are carefully validated before membership is given and checked on after joining.

New Community benefits from the Food Bank's services in its nutrition program at NC Associates and Babyland Nursery and through its Brown Bag Program now being conducted at some senior buildings and family units. (See November Clarion). We are hoping to add more.

A second benefit of CFB is that it provides training in warehousing to employees, such as how to use a fork lift. They train there and are able to go into a full-time job elsewhere. When the operation first began however, no mechanical equipment was available so trucks were loaded and unloaded by hand. Kathy vows she can out arm wrestle anyone as a result.

and strength carried Kathy through, many days. She gave her some pennies carefully saved one day, requesting Kathy use them for food for children "for it's so hard to be hungry when you're a child." Bishop Francis came to bless her friend just before she died at 96, and it was a source of great happiness.

Kathy is constantly energized by the goodness she sees in people. She is also graced with a tenacity or perseverance which led Bishop Francis to comment "You never take no," as she suggested ways around the obstacles which presented themselves.

Right now CFB insurance has gone from \$500.00 to ten times that, and it is a staggering blow, but among other things Mrs. Di Chiara believes in being flexible and rolling with the punches.

Kathy told me she is thankful for people like Bruce Springsteen, Bishop Francis and our own Sister Anastasia and Virginia Scott who have helped her so much, and for all her volunteers and corporate and trucking helpers. She sees New Community as one of the signs of a revitalized Newark.

Kathy has a deep concern for Newark since she was originally from that city and her husband, Anthony, was born there. His business is still in Newark. She now lives with her husband and son Anthony Jr. in Summit and has a daughter Erin who is a sophomore at Holy Cross. She feels that community organizations like NCC are holding our cities together and deserve our support. Many are feeding people in need.

Providing the force behind her untiring efforts for the hungry is a deep faith in God and a deep concern for



**Kathleen di Chiara checks out shelves full of representative food bank stock, which gives recipients an idea of supplies available.**

learned to see the humor in such situations so as not to be frustrated by them. With one loading dock and limited maneuvering space, trucks often run into difficulty. This is one reason why CFB has begun a capital fund drive to raise \$500,000.00 for desperately needed renovations and additions to their Stockton Street building. She would like to have a through loading dock to provide entrance at one end and exit at the other. Much manpower time would be saved and food could be delivered that much faster to needy groups.

Although Kathy, who lives in Summit, puts in at least fifty or sixty hours a week, she is not paid. She does however, have a paid staff of twelve and many volunteers. They are open on Saturday because it is their best day for volunteers, most of whom are not available during the week. Some of the most faithful volunteers are seniors, she said gratefully. One woman takes two buses twice a week to help out. Oak Knoll School in Summit has incorporated into a school retreat program work at the Food Bank. Students begin the day reading scripture, work hard at the warehouse and then talk about what they've learned. Students from Newark Colleges also help out; and sometimes whole classes come.

Frank Gregory, the young man coordinating all these volunteers, has his salary paid by Printon and Kane Co. of Short Hills.

With the help of Bishop Francis, the food program began in 1975 as the Emergency Food Program of The Archdiocese of Newark, but in 1980 it

of \$30,000.00 with which to strike out. With that limited budget "and a lot of faith in God," says Kathy, "we rented this building in 1982 and within a year had purchased it." All the office renovations were done by volunteers and used freezers were painstakingly acquired at auctions. One wine refrigerator from a liquor store was converted to a freezer. Nabisco has outfitted an entire conference room with used but lovely furniture and carpeting. Many people have been generous.

In two years the Food Bank business has increased 500% and the tremendous growth has produced a crunch — thus the fund drive. In 1985 they will have distributed food valued at \$10 million with no government funds and a very small budget. For every \$1 donated they provide \$40 in food.

It is a unique situation, explained Kathy, in that one problem — that of food waste, is addressing another problem, that of hunger.

The Food Bank is associated with a national organization called Second Harvest, which works through food companies and processing and manufacturing plants and which notifies the Food Bank of available food donations. CFB acts as a food clearing house providing surplus or salvage food to already existing food programs run by charities.

When a call comes in, Kathy arranges to hire a truck, (sometimes it is donated) to pick up the products anywhere from Boston to Tennessee. Kathy once got a phone call from the Newark Police when they shot a bull



**Lonnell Nobles, order picker in Food Bank's warehouse, loads up dolly with client's wares.**

As director of CFB she misses the personal contact of her door to door distributing, especially the 92 year old West Indian woman "who changed my life" and whose wedding ring Kathy wears along with her own — a bequest. Her love of God, courage

people.

We at New Community are thankful there are compassionate, dedicated people like Kathy Di Chiara here in Newark and that there is food for the hungry. We thank God for blessing us with her.

**ATTENTION ALL TENANTS**  
NCC Health Care Center  
**623-2480**

Transportation to NCC Health Care Center  
will be provided for your convenience.





# Life At The Springfield Branch Library

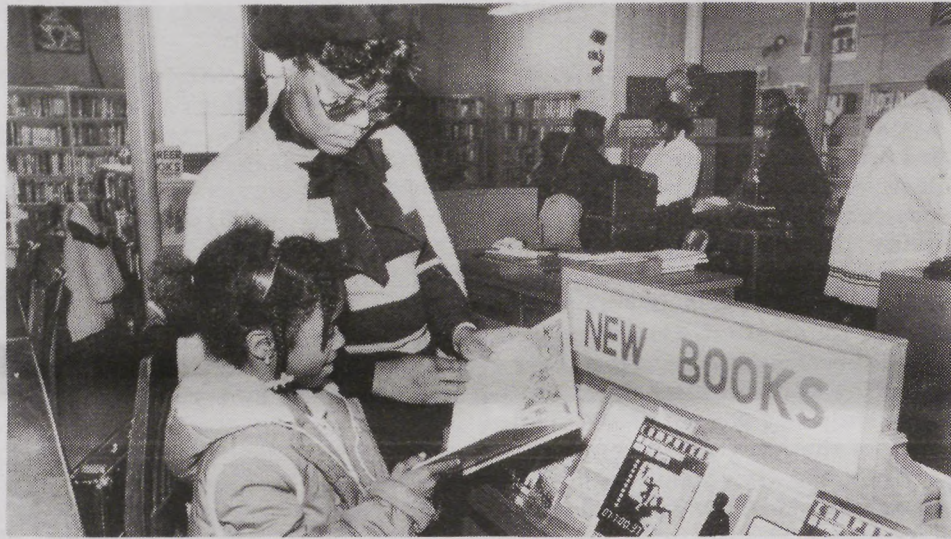


The Springfield Branch of the Newark Public Library is the first and oldest branch of the Newark Public system. It was built in March of 1923. Its book collections, in addition to serving Central Ward residents, serve people in many areas of the city who come seeking information contained in the Drug Education section, the Preparation for Jobs section, the Police and Law Enforcement section, and the Black History room. For years people have come to have business correspondence explained, to have letters written, to have forms and applications filled out, to find out how to obtain certificates, for college entrance material and information, for material on the high school equivalency diploma, for directions of specific designations, for names of lawyers, and for addresses of treatment centers for drug and alcohol dependence.

Mr. Dultz, Chapter I Coordinator at Newton Street School, provided the library with a variety of materials in the areas of reading and mathematics for young borrowers, which are widely used. He provides guidance for many children in the neighborhood at the library.

Member borrowers of the Springfield Branch Library abound: city students who have received awards and public acclaim, adults who have advanced in their respective fields of endeavor, including education, law enforcement, and civil service jobs.

The children's room serves pupils and teachers of *thirteen schools* and provides services and programs for at least *nine nurseries* and pre-school groups. The children's room staff, composed of Miss Clara Jones, Miss Patricia Dozier, Mr. Richard Camacho and Miss LaTonya White, in addition to traditional library duties, conduct story hours, indoor educational games, arts and crafts activities, and filmstrip and sound movie programs. Mr. Darrell Morgan, library assistant of sixteen years

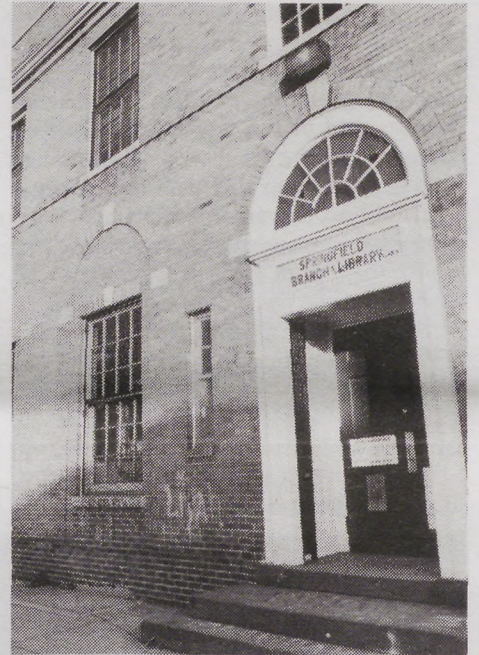


tenure, assists in poster making, drawing, and help with teen-agers interested in sports and music.

All of these things are possible under the direction of Mr. Lewis Graves, who has given the community 35 years of inspired service. We thank you.

There are plans to connect the branch with a neighborhood recreation center at a future date.

Such a resource is valuable because of its proximity to so many students and the large active New Community Neighborhood Community. It helps in so many ways to enhance education, which is the first step in breaking the cycle of poverty. We would be lost without it.

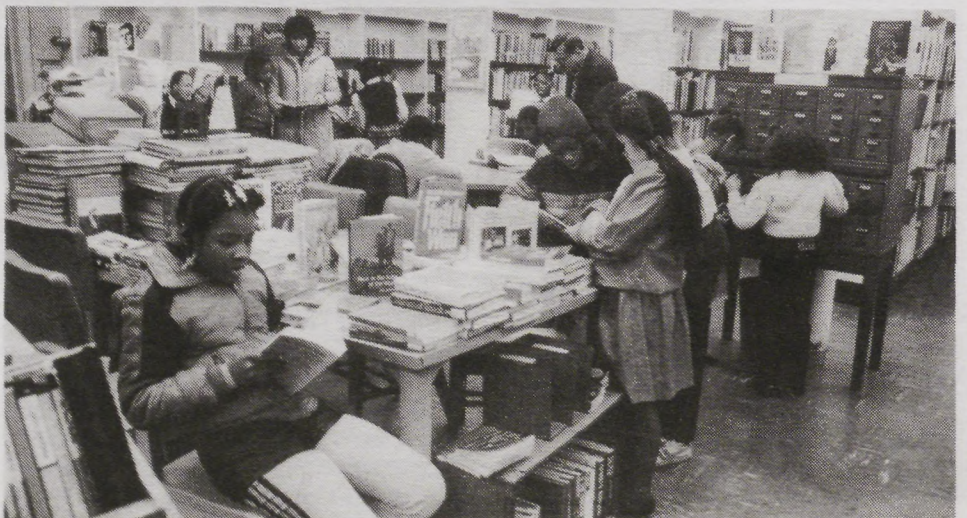
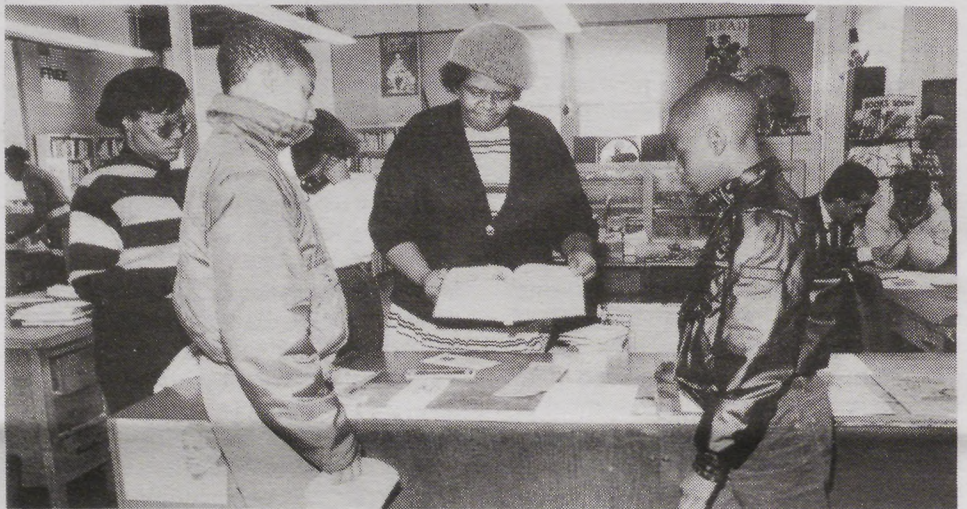


The Springfield Branch of the Newark Public Library (top right) is a mainstay of the community. Children (top left) look at new books while picture (above left) shows Lewis Graves, head librarian, and his assistant of 15 years, Daryl Morgan, in the Black History room. Harvey Dultz, teacher at Newton Street School, helps students with reading choices (above right) on a recent visit, while librarian Pat Dozier checks out books for young members (below). Scene at bottom right shows an active area in use by Sharon Milo's fourth grade Newton Street class.

## At Home Among Books



Adrea "Sandy" Coleman, Ivelisse "Cotton" Hernandez, Angel Hernandez, and Elizabeth "Cherry" Hernandez, all NC Townhouses residents, are honor students at their respective schools. To maintain their status, they spend many hours at the Springfield Library and find its resources invaluable. Its proximity to NC housing is a definite factor in their ability to use it regularly. Ivelisse hopes to become a lawyer; Elizabeth is aiming for a computer career; Angel's goal is to become a printer for a large publication and Adrea plans to be a doctor.





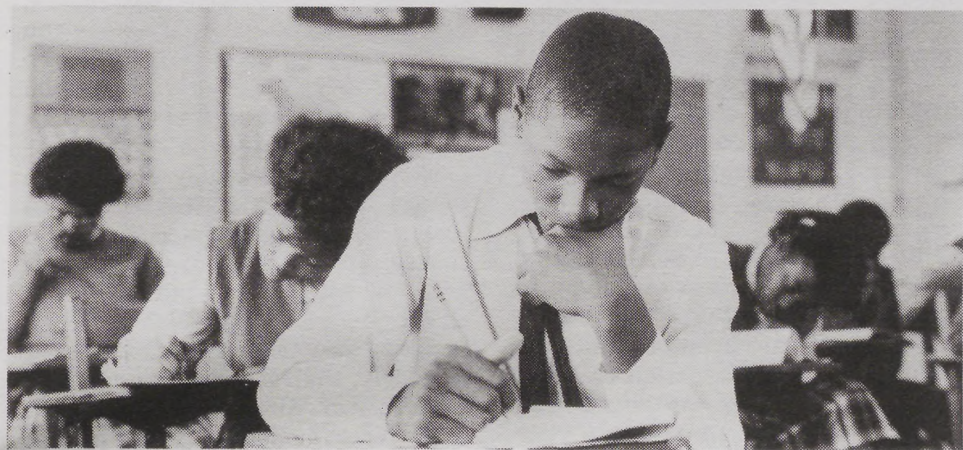
# Selecting A High School

The eighth grade at St. Rose of Lima School has just completed the Archdiocesan High School Entrance Examination. This is one of the most crucial undertakings that must be performed when making a decision as to what high school a student will attend. Some twenty-two students who took the examination during the week of November 11th, selected three schools in order of preference. Once the tests have been scored, the results will be forwarded to their selected schools. These high schools will in turn inform the families of each student in January as to whether their applications have been accepted or rejected—a policy which is determined solely by each school.

Most of our parents consider many things when selecting a high

and what assistance can be realized through financial aid?

There are 42 secondary (high) schools that operate within the Archdiocese of Newark. By counties, there are thirteen in Hudson County, eight in Union County, eleven in Bergen County, and ten in Essex County. Most of the students at St. Rose are interested in the schools of Essex County since they reside in the cities of Newark, East Orange and Irvington. Among the most favored by boys are Essex Catholic, Saint Benedict Preparatory and Seton Hall Preparatory. Girls, on the other hand, choose Saint Vincent Academy and Essex Catholic Girls overwhelmingly. Our Lady of Good Counsel and Immaculate Conception have been choices of many who prefer a co-ed student body.



St. Rose students buckle down to the serious task of taking an exam.

school for their children. At the outset it is a matter of public schools versus private or religious schools. Those who want to enroll their children in a Catholic or private school must decide whether the tuition is affordable. The tuition paying schools in the area have a range of \$1050 to \$4500 or over per year. Some parents select schools based on their academic reputation and fine curriculum, while others with active children tend to consider schools with extensive extra-curricular programs involving athletics.

Accessibility by public transportation and distance from the home are always considered, inasmuch as travel to and from school becomes a major factor in the selection process. Too much time spent in travel can be discouraging. Many parents may want to know who make up the faculty and what their credentials are. Is the school highly accredited, is a question asked often; or should a religious faculty be chosen over a lay faculty? Others want to be assured of a safe and friendly environment; and there are those who give great consideration to the modernization of the facilities.

It is advisable that parents visit several schools before deciding upon one. When visiting, parents will get to know the headmaster or principal of the school and the type of program offered to an incoming freshman class. They should try to ask questions such as: how successful the school has been in placing their graduates into higher institutions of learning; who are some of their famous alumni and whether the school has been heavily endowed; what scholarships are offered

Each eighth grade pupil desiring to attend one of the schools, in addition to taking the aforementioned examination, must file a High School Application form. These forms can be obtained at the parochial elementary school which the pupil attends. Children attending public schools may secure a form from their guidance counselor. It is proper to note that the Roman-Catholic Schools (whether elementary or secondary) of the Archdiocese of Newark admit students of any race, color, national and ethnic origin to all the rights, privileges, programs and activities generally accorded or made available to students at the school. They do not discriminate in the administration of their educational policies, admissions policies, scholarship and loan programs, athletics and the school-administered programs.

Students residing in Newark have several choices in their selection of Public Schools. Besides having the district high schools which are West Side, East Side, Vailsburgh, Malcolm X Shabazz, Barringer, Weequahic and Central, they could also apply to the various special public schools. These schools require either an entrance examination or an entrance essay and boast of stiff entrance competition. They are University High, Science High and Arts High. Students who attend University High are restricted to a rigid college preparatory curriculum. Those who are mathematically and scientifically inclined will do well to select Science High. Arts High is a school whose curriculum emphasizes the study of fine and industrial arts. Anyone seeking additional information about the public schools in

Newark should call the local Board of Education.

Essex county offers numerous vocational and technical schools for families residing within the county. These tuition-free schools, like their public counterpart, require entrance examinations and private interviews.

There are numerous denominational schools within the area. Students' comments reflect their diverse reasons for selection:

"I chose a high school I thought would be challenging for me and one that will force me to work to the best of my ability," says Jennifer Davis, an eighth grader at St. Rose. "I am confident that the schools I have selected are very good schools."

Edgar Nemorin expects a high school, "to be rough because they have to prepare you for a good life in the future."

Some families select high schools as a matter of tradition. "I want to go to Essex Catholic because my brothers went there," commented Michael McDowell.

They (his brothers) told me that I could get a better education and that the school has a good reputa-

tion throughout the Archdiocese of Newark."

"If it can prepare me to get the proper job I am looking for in the future," says Maxine Parris, "then I consider it to be the school I would like to attend." She goes on to say that in addition to a good reputation, "the school I select must of course, be most challenging."

"It has to be fun! Lots of fun!" says Charles Battle, "I know the education program has to be of top quality, and I would like for that to be fun also."

"I am a serious person," says Carlos Roman, "The schools I selected are very serious too, I mean about education. Hopefully I will be able to attend Seton Hall or St. Peters."

In the end, families come to realize that the selection of a high school is a two way process. As students choose to attend a particular school, that school, in turn, is given the option to choose them.

Arthur L. Wilson,  
Principal  
St. Rose of Lima School

## St. Rose of Lima Students Care

Students in the eighth grade at St. Rose have been working hard to prepare themselves for the rigors of high school. Aside from all the homework and testing, they are also trying to take an active part in understanding the world as it really is.

An example of this occurred on November 9, 1985, when a group of students including George Baldwin, Carlos Roman, Edgar Nemorin, Michael Anabui, Michael Burton and Melissa Willis participated in the Anti-apartheid March on Broad St. in Newark. The demonstration attracted almost 10,000 people from all over the state including religious leaders, labor unions, and political groups as well as students.

We all experienced first hand what it is like to be part of a mass demonstration. As we listened to speeches, marched, and chanted together in protest of South Africa's racial policies, we realized that our individual voices and opinions are important and hoped that we would be heard.

## A Winner!



Congratulations to Harvey Garvin, a St. Rose student and NC Gardens resident, for placing second in the Fresh Air Fund's Essay-Drawing contest: "Why I Liked Going to Camp this Summer".

## Senior Citizen Outreach Grant Given Library

A letter received by Mr. Thomas Alrutz of the Newark Public Library on October 15, 1985, from Robert A. Drecher, Head of The Library Development Bureau at the N.J. State Department of Education, informed him of a grant in the amount of \$10,000.000 to fund his Senior Citizen Outreach Project. The funding will run from October 1, 1985 to October 1, 1986.

The project will involve the establishment of "satellite libraries" at four New Community senior residential buildings and four day centers operated by The Newark Office on Aging. It will also include The Elizabeth Avenue Community Center and LaCasa de Don Pedro.

Senior citizens will be hired to staff their "satellite libraries."

**NOW, THERE IS HELP**

THE ESSEX COUNTY FAMILY VIOLENCE CENTER

SHELTER — COUNSELING  
REFERRALS BY TRAINED STAFF  
FOR BATTERED WOMEN  
AND THEIR CHILDREN

484-4446

24 HOUR HOT LINE  
CALL ANYTIME

SPONSORED BY  
BABYLAND NURSERY, INC.



## Health Care Update

Recently a promising young New Jersey athlete lost his life following an automobile tragedy. His parents, through donation of his vital organs, have permitted others to gain from his loss, thus providing perhaps one of the greatest gifts of all to mankind.

In 1969 New Jersey passed the Uniform Anatomical Gift Act. You may carry a special card in your wallet to indicate your desire to donate a specific body part, i.e., your eyes, or any number of body components upon your death.

There are certain physical conditions which may limit your ability to donate some vital organs. They include:

- kidney disease
- severe high blood pressure
- an infectious disease
- cancer, except that of the brain

Your age is not usually a factor. If you have diabetes your donation is likely to be acceptable. If you are the victim of a homicide, special permission must be obtained from the Medical Examiner. For kidney donation your kidneys must be functioning normally.

The understanding of your family and loved ones as to your desires upon your death is very helpful in the donation process. The need for donors is great in New Jersey and nationally, especially as improved techniques make successful transplantation a reality. New medications have also increased the success rate.

When your potential as a donor becomes known, your desire to serve others is fed into a national computer network so the best possible match can be made. At no cost to your family, vital organs are removed after death by an intricate surgical procedure in the operating room. If not used locally, they are then flown by special arrangements to the waiting fortunate recipient. The donation of your eyes, however, is more easily accomplished and may even be done at your undertakers if death does not occur in a hospital. The Eye Institute of United Hospitals Medical Center is the home of the Eye Bank for the State of New Jersey.

There are a few things in life from which each of us may escape from time to time. Death, however, is not one of these. Your culture or religious beliefs may not allow you to donate a part of your body. Other religious beliefs parallel organ donation to the ultimate in Christian love as Jesus Christ gave His life that others may live. Each of us must decide what is best. If you want to be a donor, mark your license and always carry it with you. Most importantly inform your family and loved ones of your desire so that they can help to see your wishes fulfilled.

Connie Ford RN, MPA

**UNITED  
WAY**



## Spa Spotlight

This is the first of a series of articles spotlighting the members of the New Beginnings Spa and Wellness Center. We will be featuring members of the spa that have made great progress in their individual programs.

In our first article we would like to feature a member of our Senior program. Mr. Owen Futrell was one of our early members and attends the spa religiously. Owen started in the Senior program in May of this year, and has exercised for a total of 32 hours and 36 minutes since. In that time he has done over 31 miles on the treadmill, 25,550 revolutions on the arm ergometer, 5 hours and 25 minutes on the rowing machine and an equal amount of time on the exercise bike, 685 situps and that's not to mention the fact that Owen has been using selected weight machines in our circuit since August.

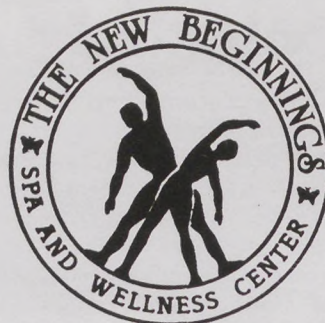
Mr. Futrell lost over 5 pounds and increased his exercise tolerance by 25 percent in the first 3 months of his program. However, the most important factors concerning his health are the reductions in both heart rate and blood pressure. Owen's resting heart rate has decreased by 18 beats per minute as a result of his training. That doesn't seem like much until you look at how that affects his heart over a 24 hour period. The fact that the heart is beating 18 times less per minute means that it beats about 25,920 times less in a 24 hour period. That is a great deal less work for his heart. As far as his blood pressure is concerned he started out very high and is now only slightly above normal for a man his age.

The improvements of the medical aspects are important, but how does Owen feel about the program and what it's done for him? He was experiencing difficulty breathing if he made the slightest exertion due to lung surgery. Now he feels that his breathing is 30 percent better, and that his ability to use his legs has improved by 40 percent. Owen Futrell recently turned 70 years old, but he's starting his life over; he's better and stronger than he's been in years. Owen summed it up when he said, "Everybody in the world should be on this program. I feel 100 percent better overall!"

The program is working for him, because he's working hard on the program. Owen Futrell can be an example from whom we can all learn a valuable lesson. He is proof that it's never too late to start to exercise, if you do it properly and if you stay with it!

## Occupational Therapist Needed

The need is very great for a Registered Occupational Therapist or a Certified Occupational Therapy Assistant to serve in New Community Extended Care and Medical Day Center. This is a wonderful opportunity to grow with New Community. Call Sister Mary Pauline at 623-2800 as soon as possible.



at ST. JOSEPH PLAZA  
233 WEST MARKET ST.  
NEWARK, NEW JERSEY  
(201) 624-7373

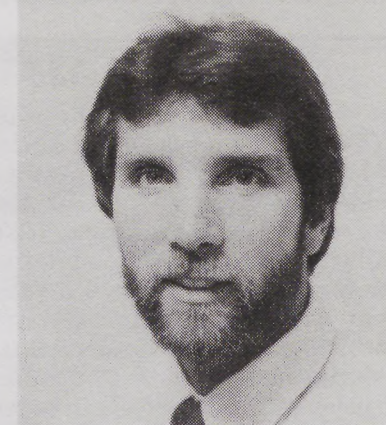
### STICK-TO-IT-IVENESS

You won't find this word in Webster's, but the meaning should be pretty clear. When you join a Spa or Health Center, you are making a commitment to improve your health and fitness and you need to "Stick-to-it." Joining a spa is an important first step, but it's only the beginning. A real commitment to fitness is for life. To maintain your level of fitness you must exercise regularly throughout your life.

In order to remain physically active throughout your life, you will require a great deal of discipline. W.K. Hope said that "Self-discipline is when your conscience tells you to do something and you don't talk back." You must keep in mind that to stay fit you won't need to be at the spa every day for hours. The studies show that to maintain your fitness level you only need to workout 30 minutes a day, three days a week and maintain a heart rate that is 70 to 85% of your maximum heart rate.

"Some people regard discipline as a chore," says Julie Andrews, but she feels, "it is a kind of order that sets me free to fly." You can not view discipline in a negative light. It is important to note that the self-discipline you develop with your exercise program will carry over into other aspects of your health. Aspects such as stopping smoking, controlling weight and taking care what you eat, as far as reducing fat and cholesterol in your diet.

Most people feel that if they were active when they were young or if they workout for 3 or 6 months, the benefits they obtained would last for a long time or even a life time. Unfortunately they don't. Actually, about 95% of the benefits you receive from an exercise program are completely gone in four weeks. The



By Kerry Gillespie  
Exercise Physiologist

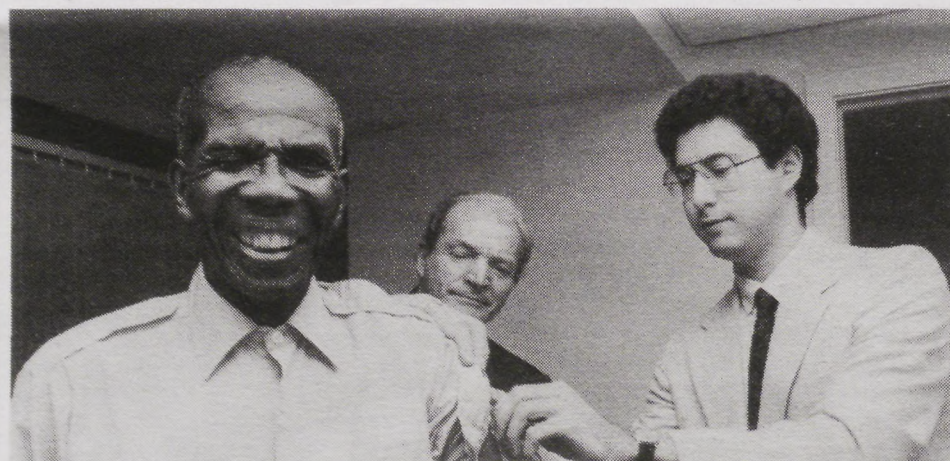
term that is used to describe this occurrence is "De-training" and it occurs very quickly after you stop exercising. People who exercise regularly even notice a slight decrease in ability after a 3 or 4 day weekend. When they start back it seems a little bit harder.

There is some good news, however. If you were sick or if you were just feeling lazy you will be happy to know that it will take you the same amount of time to get back in shape that you took off. For example, if you were only off for two weeks, it would only take you two weeks to get back into shape. Of course, any more than 6 weeks off and you will have to start all over again. As you can see it is much easier to stay in shape by exercising regularly, than it is to drop out and have to start all over again later.

My recommendation to the person exercising regularly, is to continue to remain active. Attempt to vary your program so that it does not become routine. Perhaps if you always come in and go through the weight lifting circuit you might want to come in and take an aerobics class. In this way you will add a little variety to your workout and decrease the routineness.

Occasionally, all of us need a break to regroup and come back stronger than ever, both mentally and physically. It is important to keep in mind that taking a break can not be for too long or too often. A day now and then will not affect your fitness level very much, but long or frequent breaks will.

You must keep up with your program if you are going to be successful at maintaining the fitness level that you have worked so hard to obtain. I think Art Linkletter summed it up best when he said, "The only time success comes before work is in the dictionary!"



In the wink of an eye and the flick of a hand, the needle finds its mark. NC Health Care Center in St. Joseph's Plaza was one of the sites chosen for the administration of free flu shots. Jerome Lasure gets his shot from Dr. Victor Amato (right), assisted by (center) Alfred Giordano, Chief Inspector of Contagious Diseases.



## Security Corner

### Banner Presented

Director of Security, James E. DuBose, designed and presented a green and white, three by six foot banner to the newly formed **Sentinels**, to demonstrate his appreciation of their successful organizational efforts. Sgt. William Cameron, the organization's first president, accepted the banner on behalf of the **Sentinels**.

The **Sentinels**, comprised of NCC

routine in a professional manner. He was always immaculate in appearance, and his overall congenial mannerisms won him the respect of all who knew him.

A former U.S. Marine, officer Jones saw action in the Pacific Theater, during World War II, and was honorably discharged in 1946.

He was married to the late Pearl Jones. He leaves to mourn: four daughters: Jeannette Grimes;



Security Director James Dubose presents a handsome banner of his design to Sentinel members.

security guards, is a nonprofit benevolent association, organized to help improve the quality of life for all NCC residents, and to promote a better understanding between themselves and the community.

The name **Sentinel**, means guard; the letter "S" in the center of the banner stands for Sentinel, and the crown signifies regality. The logo itself, symbolizes protection. The green and white colors, were chosen in conformity with the New Community Corporation colors.

The pride in their jobs and in their community displayed by the security guards, inspired the Director to design the banner.

### Security Will Miss S/O Jones

Lee Jones, Sr., a New Community Corporation security officer for more than three years, expired November 6, 1985. During his term of employment, he worked in many locations. His last detail was in the NCC Roseville Seniors Building on South Eighth Street. Officer Jones was a loyal and dedicated employee, who was proud of his service to the corporation, and was always willing to work any assignment. Officer Jones went about his daily work



The Sentinel's Color Guard members fold the American flag at S/O Jones military funeral.

Gwendolyn Massey; Doris MaGhee and Rachel Jones, three sons: Lee, Jr., Lamarr and Dwight, also twenty seven grandchildren, nine great grandchildren, and a host of relatives and friends.

### Hold Benefit Dance

The **Sentinels**, presented its first annual benefit dance, on Friday, November 22, 1985, at the St. Rose of Lima auditorium, 11 Gray Street, Newark, from 8:00 p.m. to 2 a.m.

The benefit was held to establish a scholarship fund for needy NCC youths. There was live entertainment, provided by "Mass Confusion" a group of NCC security officers, under the direction of security officer, James Hubbard. Disco music was provided by "Phase Four, Inc.," also under the direction of a NCC security officer, Marvin Eure. Chairperson for the affair was Corporal Sherrie Eure, who is the business manager for the "**Sentinels**."

During intermission, Sgt. William Cameron, president of the **Sentinels**, presented Mr. Skip Lee, Asset Manager of NCC, with a plaque from the **Sentinels**, in recognition of his efforts in promoting a better understanding and improvement in relationships, between management and security. One way this was done was by sponsoring four successful softball games between the two this past summer. The games provided entertainment and enjoyment for all.

Dignitaries in attendance were: Rev. William Linder, Pastor, St. Rose of Lima Church; Mrs. Mary Smith, Treasurer, NCC Board of Directors; Mr. Art Wilson, President of the NCC Board of Directors and other board members. Also attending as special guests of Director of Security, James DuBose: Essex County Freeholder, Pearl Beatty, her sister, Alma Beatty, Director of Community Relations, Beth Israel Hospital, and Sgt. John Reid of the Newark Police Department.

## NC Associates

### MEDICAL DAY CARE

On Thursday afternoon, November 14th, Sister Patricia Lynch, C.S.J.P. explained the purpose and benefits of the New Community extended Care Facility Adult Medical Day Care program. Those eligible are Essex County residents 18 years or older, with references from their doctor. It is to help those who do not need to be in a hospital, but do need help with medication and need therapy. At the Adult Medical Day Care program a hot luncheon will be provided and there will be access to therapeutic services and recreational activities. Transportation will be provided to and from home Mondays -Fridays 8:30 a.m. - 4:30 p.m. At least 2 or 3 days attendance is necessary a week in order to be beneficial.

### FACIALS ARE FUN

A charming young woman,

Shirley Smith, came to give free facials November 15th. After getting six volunteers, she began her step by step facial demonstration by helping and showing the volunteers how to cleanse their faces, put on a masque and make themselves up. The proper cosmetics to use for our skin type and color was shown. It was fun, especially since there were two men volunteers, and beneficial. When we had the masque on it looked as if we were preparing to go to a costume party. After the steps were completed and make-up was applied (to the women) all of us felt better about ourselves. During lunch Miss Smith entertained with a beautiful solo. We enjoyed her very much. Those participating in the demonstration were Ellen Watson, James Simmons, Tony Brown, Marie Carson, Annie Bellomy and Phyllis Burton.

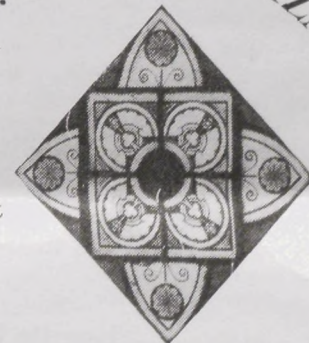


Applying facial masques, Ellen Watson and James Simmons find out that beauty takes work.

### JAZZ NIGHT

at

### ST. JOSEPH PLAZA



233 W. Market Street

Newark, N.J. 07103

Join us Thursday evenings for  
"Jazz Night At The Plaza"  
Featuring the Gene Phipps Jr. Combo  
Scrumptious Buffet

From 4:00 p.m. to 11:00 p.m.

Plan to come and bring a friend. You'll be glad you did.

Cash Bar



## At Your (Social) Service

by the Staff of NCC Social Services Department



### A Christmas Thought

Each year, at Christmas time everyone gets excited and caught up in the business of holiday shopping, decorating, giving gifts, overeating and the likes. One might wonder how many of us actually stop to think back and see how fortunate we have been during the past year. How many of us have thought about friends or relatives who may have had a very difficult time coping with basic survival, or losses of jobs, homes, family members and etc. Have we counted our blessings?

We should not take anything for granted. Rather, we should be most grateful to have survived to see another Christmas Season. More importantly, we should make our children aware of the significance of being thankful. Our youth of today, for the most part take everything for granted and as a whole, are appreciative of a very few things. It is not entirely their fault. Basically, they are this way because we, as parents, have not taught them any better. Just as we have also not taught them to respect their elders, as we were taught by our parents. Our children are the future!

We must think of the many tragedies that took place in the world during 1985. The earthquakes, mud slides, hostage situations, the chemical leaks, and hurricanes, not to mention all of the other things that caused countless loss of life. We are living in a world of uncertainty; a time when man has lost concern for his fellow man. There are thousands of people living in the streets, with not ever a place to sleep, not to mention a place to eat a holiday meal. This is a time

when the entire world is threatened with the possibility of nuclear war, which would totally destroy it. It is a time of incurable diseases and famine, and apartheid in South Africa.

It is incumbent upon those of us who believe in the birth of Christ regardless of the individual church to which we belong, to reach out and embrace someone in need this year. We must extend an arm of hope to the forlorn, destitute, helpless, handicapped, less fortunate, or whoever we see that may be in need of someone to care. Their need may not always be for material things. Often, it means a lot to someone to know that a person is even concerned enough to offer, or inquire if there is something they can do to assist. Invite them over for dinner, perhaps, or take them a dinner, give them a call, send them a card. Maybe you have a warm coat that a homeless person in your neighborhood could use. If not, take it to a Social Service Agency. I'm sure they will know of someone that could use it. Feel good about yourself this year, when you sit down to share your gifts and holiday meals with loved ones, knowing that you have helped others!

**REMEMBER . . .** That the greatest gift of all is the gift of giving! These are things that are Christlike!!!

Let us not forget that He gave everything that He had for us . . .

Even His very life. **GOD BLESS YOU . . . HAVE A MERRY CHRISTMAS!!!**

Virginia Scott  
Social Services

### NCC Youth Council Charged Up

On November 14th the newly revamped NCC Youth Council Board met to define the purpose of the council, outline the areas of interest to be concentrated on and to go over the by-laws.

As it was stated by Eladio Negrón, the Youth Coordinator, "we want to act on unfulfilled promises and get the boredom out of our youth and show them that there is a whole world to be discovered."

There are seven areas for which committees were formed: Cultural, Vocational, Educational, Social, Recreational, Leadership Training and Spiritual Development. There are activities already planned in many of the areas.

The whole purpose of the council is to give the young population of New Community a channel whereby they can express themselves, learn and grow to become responsible members of the community. There is so much negativism that it sometimes overshadows the positive, creative forces which are very prevalent in society and in our very own community.

Everyone is excited about the council and it promises to be the beginning of something good. The charge has been set and the energy is waiting to explode.

Joyce Holmes  
Culture Committee



Eladio Negrón addresses a meeting of NCC's Youth Council.

### Social Security News

Social Security checks will have a new look on December 3, 1985.

The familiar green punched-card checks that Social Security beneficiaries have been receiving since 1940 will be replaced with a new, more counterfeit resistant cost-effective paper check.

The U.S. Department of Treasury's Financial Management Service, the government's financial manager, began planning the paper check conversion project in the late 1970's because of new technology and the need to conform to generally accepted banking practices. Taxpayers will save \$6 million per year in costs of paper stock and storage space.

The new check is also more difficult to alter or counterfeit. More than a dozen security features (three times more than the old check) are contained in the design, the ink and the paper.

The design features full-length reproduction of the Statue of Liberty on the left and a muted close-up of the Statue's head and torch on the right over a multicolored background ranging from light blue to pale peach. The letters "USA" create a background pattern on the front and back of the check.

Supplemental Security Income (SSI) beneficiaries will continue to receive the gold-colored punched-card checks. The conversion process to the new checks will not affect them until April 1, 1986.

Courtesy of Department of  
Health and Human Services

### Senior's Calendar Of Events

#### Christmas Party

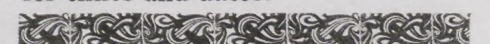
The fourth Annual Combined Christmas Party for Seniors, Handicapped and Disabled will be held on Monday, December 16, 1985, at N.C. Associates, located at 180 So. Orange Avenue. Time will be 3-7 p.m. A donation of \$5.00 per person will include a delicious Christmas dinner with all the trimmings, as well as entertainment. We are hoping to make this Christmas party our best ever. Hoping to see you there!!

#### Trips

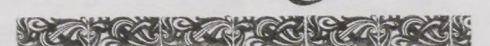
There will be a Christmas Shopping Spree at Woodbridge Shopping Mall, on Friday, December 13th. Pick up time will be 9 a.m. (all Senior buildings). The trip to Alexander's has been rescheduled for December 20, 1985 at 9 a.m. (all Senior buildings).

If interested, please sign up in your building or call Gloria Newsome, at N.C.C. Social Services, 623-6114. The trip to Radio City Music Hall for the annual Christmas Spectacular will take place on Thursday, December 19th. **BY RESERVATION ONLY!!**

Christmas Concerts are being scheduled in the Senior buildings. Please check your monthly calendar for times and dates.



*Peace on Earth*



## Consider Direct Deposit

#### What is it?

Direct Deposit is a free Government service that enables you to have your Government payments sent straight to your checking or savings account. Payments are sent by electronic funds transfer, thereby eliminating the need to print and mail checks.

#### Why Should You Use It?

- It's safe and reliable.
- Eliminates a trip to deposit check in the bank.
- Ends worry about stolen or lost checks.
- Allows you to be away from home without the worry of your check sitting unprotected in your mailbox.
- Having your check in the bank will earn you immediate interest.
- It ensures that your money is available to you at the opening of business on the same day your check would arrive in the mail.
- Helps to cut down on crime (muggings, robberies).

#### How Do You Know If You Qualify?

Direct Deposit is available to anyone receiving the following payments:

- Social Security
- Supplemental Security Income
- Railroad Retirement
- Civil Service Retirement
- Veteran Administration Compensation and Pension
- Air Force Active Duty, Retirement and Allotments
- Marine Corps Active Duty and Retirement
- Army Active Duty, Retirement and Reservist
- Navy Retirement
- Federal Salary

#### How Do I Sign Up?

Just take your next check to your bank, savings bank, savings and loan or Credit Union.

—Within 60 to 90 days, your payments will begin going directly to your personal account.

—Please remember to notify your government agency of any address change.

It's that easy—so why not take advantage of this Convenience, Safety and Freedom?

These services are available right here at The New Community Federal Credit Union.

Gloria Newsome



## NC Gardens

### Talent To Share!

Mrs. John White of NC Gardens is a very gifted individual. She loves to create, make over and try anything new on the market. Today she shared her talent of cake making and decorating. Its a Doll! and it's all decked out in beautiful colors and layers of ruffles.

Another time hats were reshaped; new flowers, feathers and veils were put in place. You name it and I think Mrs. White could do it.

Of all of the many talents she has, the one that is most outstanding is her ability to share her gifts with anyone willing to learn.

We thank God you are with us.



Juanita White lovingly puts finishing touches on her decorative cornucopia centerpiece before a rapt audience.

### NC Manor Families Organizes Tenant Club

Residents of Manor Midrise recently organized a tenant association for their building. This building has sixty-six (66) apartments and is one of the last family units that was constructed.

Almost all of the tenants attended the organization meeting.

Many exciting and innovative ideas were projected for the coming year. Officers elected are:

President, Patricia Murphy; 1st Vice President, Beulah Moore; 2nd Vice President, Flemming Little; Correspondence Secretary, Orelia Stevens; Financial Secretary, Marlyn Reed; Treasurer, Caren Gundy; Sgt. At Arms, Sharon Jackson; Publicity Chair, Tasha Carter.

Floor Captains are: Lottie Ursry, Barbra Scott, Patricia Edwards and Linda Studivant.

We are looking forward to a lot of exciting things from this group in the future.

Virginia Scott

### NC Common Seniors

The Oldies But Goodies Club President, Pete, sponsored a bus ride to Atlantic City on October 9, 1985. They also gave an Italian spaghetti party which was delicious. Everything was beautiful.

Arts & Crafts had a sale on Saturday, November 9, 1985. They had some beautiful creations. Mr. Joe Henderson, the only man in Arts & Crafts, had a birthday party in the Community Room on October 19, 1985. Everything was lovely.

The Executive Board of "140" sponsored a bus ride to Atlantic City on November 6, 1985 including a show, and dinner.

The Gospel Chorus will not convene until sometime this month.

#### THANK YOU

I personally want to thank the tenants of "140" for their cards, prayers and donations for my husband, (Sterling Wise), during his illness. Thanks also go to the Nutrition Site, (180 So. Orange Ave.) for their cards & prayers.

Connie Wise

## Residents Are Consumer-Wise

For four weeks a faithful group met to discuss such items as: how to protect yourself against Quack doctors and drugs; how to manage your money better; how to be a better consumer; and how to become street wise.

Under the direction of Mrs. Rose Pierson, Director of Consumer Affairs of Newark, many residents of NC Manor Senior had the opportunity to attend classes held in their community room. For four consecutive weeks on Wednesday evenings, Mrs. Pierson gave instructions on how to protect oneself against the elements of environment and self. Those who attended, finished the course with a new enlightenment and quite in awe at some of the facts presented to them in black and white. One such item was a booklet

listing all the legally taxable and non-taxable items. So impressive was this booklet that many went right to the shopkeepers and challenged them on their taxation of certain items.

When the course drew to a close on November 11th, 35 residents received certificates of achievement. For many, this was a great honor and the first receipt of any such award.

Interest was sparked for future courses because there is much more that should be made clear, and everyone agreed that Mrs. Pierson is an explosive speaker who knows how to capture one's attention and make the message stick.

Knowledge can and should be acquired at every level of one's life.

Joyce Holmes



Rose Pierson beams after presenting diplomas to the most recent graduates of her class in Consumer Affairs.

## Babyland Raffle A Success

The raffle which Babyland conducted last November 9th, turned out to be a big success, grossing around \$15,000.00 The winners were:

1st Prize - Color T.V. & V.C.R. - Value \$1,000.00; Jewel Hunt, East Orange, N.J.

2nd Prize - Food Certificate from

Pathmark - Value \$500.00; Gloria Simmons, Newark, N.J.

3rd Prize - One-year membership at New Beginnings Spa And Wellness Center - Value \$300.00; Thomas Melendez, Kearney, N.J.

But the biggest winners of all are the children of Babyland Nursery.

Thank you all for supporting a worthy cause.

### A CHANGE OF PACE

ST. JOSEPH PLAZA  
THE SANDWICH SHOP  
233 W. Market Street  
Newark, N.J.

Relax in the quaint atmosphere of the Atrium in St. Joseph's Plaza. Enjoy a delicious buffet including chilled wine, beer and many of your other favorite drinks.

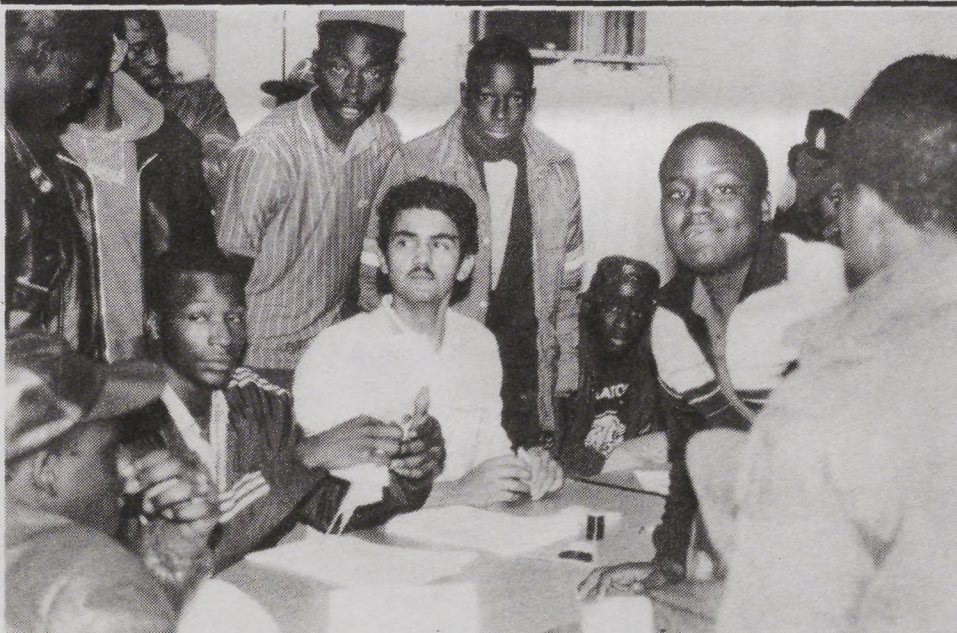
For your listening pleasure piano selections by Curtis Watkins accompanied by Emily Ross, vocalist.

### FRIDAY NIGHT SPECIAL from 4 P.M. until closing

Shrimp Jambalaya • Saute Chicken Liver and Giblets w/Onion  
Barbecued Chicken Wings • Swedish Meatballs  
White Rice • Macaroni and Crabmeat Salad • Cheese Straws

Three types of cheese dips and an assortment of potato chips, crackers and frito chips, salted peanuts.

Cash Bar



Surrounded by members of NC's Youth Council, Eladio Negron supervises ID's and the signing of contracts containing the bylaws of membership in the Teen Lounge.



## Christmas Joy



The Christmastide of joy rises to its full, and the story is told again of how the humblest of mortals, the Son of man, was born with a star standing over the manger where he lay. Read the story as you may, make of it what you will, but do not miss the daring implication that the farthest reaches of the universe wait upon the humblest occurrences of this world. There is a star over you, and over all whom you know. There are eternal implications in the scenes of earth; do not miss them — they are for the guidance of the wise. This life is a web of beauty and strength, holding the stars and little children together in a mighty purpose, larger than our understanding.

Samuel H. Miller

## St. Rose of Lima Students Learn Sharing

In response to the Catholic Community Services Emergency Food Program, St. Rose of Lima School conducted a Food Drive.

All students pledged themselves to donate canned food or money to buy food. The students were urged not to ask their parents for the food but rather to save their own money to purchase the food.

At the end of the Food Drive, the students participated in a Paraliturgie on Sharing:

Some students offered their toys to remind us to share our games with others.

Three students offered paper

hearts to show that they wanted to share their love with others.

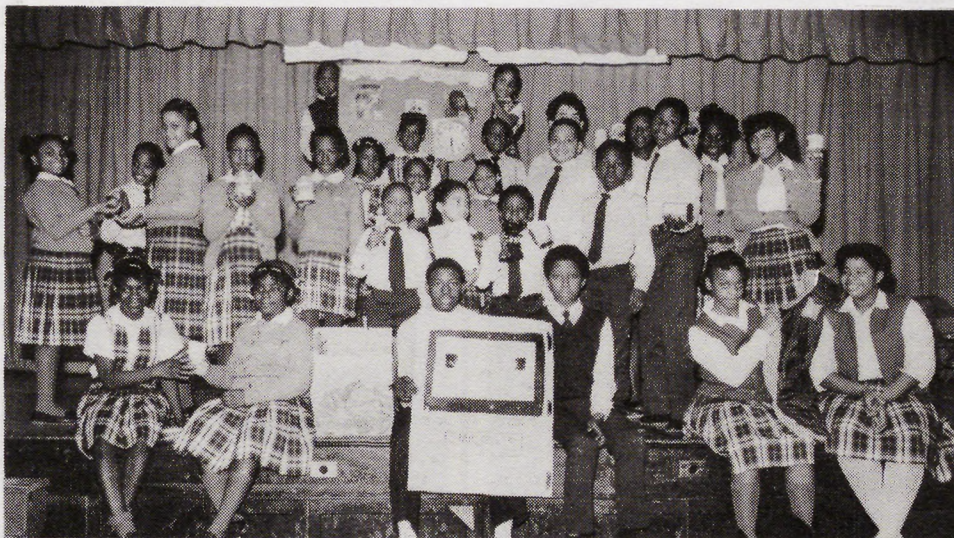
A clock was offered to remind us to share our time when others need us.

A poster of talents was offered to show that God gave each of us talents to share with others.

During the reading of Matthew 25:34-36, 40, several students pantomimed giving food to the hungry, water to the thirsty, clothing to the naked, and the sick being visited.

It is very important for students to learn at an early age to share their abundance with others.

Sister Clare Terrance



With 2 or 3 children representing each grade, St. Rose students stage a graphic presentation of the theme, "Caring and Sharing".

## Christmas

Of all the births the world ever knew, none has stirred the imagination, so appealed to the mind and so thrilled the heart of humanity as the birth of Jesus. It has caused more pictures to be painted, more hymns and songs to be composed and sung, more literature to be written, more discussions by philosophical minds than any other birth in history. His birth was proclaimed by prophets, announced by angels, sung by shepherds, and wondered by wise men. On His birth, heaven hung out its brightest star and led the wise men from the East to Bethlehem. Heaven sent the angel-preacher and angelic choir to the Judean hills and broke the news to those shepherds who were watching their flocks by night.

No unusual occurrences attended the births of Caesar, Napoleon, or Alexander the Great. Nor were there any special dispensations with the coming of Plato, Aristotle, Socrates, or Confucius. But when Jesus came, heaven hung its brightest constellation in the Bethlehem sky to mark the place.

The name --- Jesus Christ --- "is a name which is above every name . . . whereby we must be saved." Acts 4:12. God in a child made Jesus our eternal contemporary and signalled the coming of a new power and a new glory into man's hearts and



## Babyland Nursery Celebrates



The Babyland kitchen buzzes with activity as turkeys wait to be carved and distributed. Hungry Babyland diners dig in with gusto.

lives which could make them redeemed sons of the living God. The Divine approach was not by any drama of terrorism --- but by a drama of tenderness --- by the appeal of a child.

Although we may be caught up in an urbanized, technological culture marked by competitiveness influencing us to be predatory, greedy, cunning, and ambitious, devoted to personal delights, narcissistic lovers of ourselves, nevertheless, it behooves us to think seriously about the real meaning of Christmas. "For there is born to you this day . . . a Saviour, who is Christ the Lord." (Luke 2:11). In the form of a little baby, the Christ Child, a power was born to move across the face of the world and bring order out of chaos, something out of nothingness, hope for eternal life out of despair.

At Christmas time, let us put the tinsel aside, forget about the gifts, shove away the "liquid cheer," and peer beyond the decorations on our trees and windows, for the Christ of redemption has come among us waiting for us to come before him in deep humility and adoration so that we may go into the world and tell men that there is hope.

Lewis Graves  
Springfield Branch  
Newark Public Library



# Merry Christmas

